Volume : 10 Issues : III & IV

ISSN: 2277-6907

Sep. & Dec. 2021



<u>Editor in Chief</u>

Prof. Aradhana Shukla

Former Dean, Faculty of Arts & Former Head, Department of Psychology, SSJ University, Almora, Uttrakhand, India

Editor

Prof. Anubhuti Dubey

Head, Department of Psychology, DDU Gorakhpur University, Gorakhpur, UP, India

Managing Editor

Dr. Basant Kumar Sonber

Head, Department of Psychology, Govt. KDRM P.G. College Rajnandgaon, C.G. India



Published by

Manav Navnirman Sansthan

60-Kanchanbag Rajnandgaon (C.G.)

Published by

Manay Navnirman Sansthan

60-Kanchanbag Rajnandgaon (C.G.) Pin - 491441 INDIA

Contact: 07744359262, 9827186909, 9009879090

E-mail: mindandsociety99@gmail.com, drbsonber@gmail.com

© **President**Many Navnirman Sannsthan
Rajnandgaon (C.G.)

Price: Rs. 600.00

Membership:

For One Year 1000.00 For Two Year 1500.00 For Life time 5000.00

Composed & Printed by:

Chhattisgarh Offset, Rajnandgaon (C.G.)

Disclaimer:

The views expressed by the authors in their research papers are their own. 'Mind and Society' and its publisher /Editor/printer do not take any responsibility for any injury and/or damage to person or property caused by the article. Author will be solely responsible for the issues related to intellectual property, copy right and plagiarism. All the disputes related to 'Mind and Society' will come under the jurisdiction of Rajnandgaon(C.G.) court only.

Journal Advisory Committee

Prof. Girishwar Misra

Former Vice Chancellor, MG Anterrashtriya Hindi Vishwavidyala, Wardha, Maharastra, India.

Prof. Jyoti Verma

Former University Professor., Department of Psychology, Patna University Patna, Bihar, India.

Prof. R. C. Mishra

Former Head, Department of Psychology, Banaras Hindu University, Varanasi, Uttar Pradesh, India.

Prof. Bansh Gopal Singh

Vice Chancellor, Pt Sundarlalsharma Open University, Bilaspur, Chhattisgarh, India.

Prof. Akbar Husain

Former Chairman, Department of Psychology, Aligarh Muslim University, Aligarh, Uttar Pradesh, India.

Prof. Usha Kiran Subba

Professor of Psychology and Head, Dept of Psychology and Philosophy, Trichandra College, Tribhuwan University, Kathmandu, Nepal.

Prof. Diani Zelmen

Professor, California School of Professional Psychology, Alliant International University, San Diego, California, USA.

Prof. Ramalingam Panch

Department of Psychology, Pondicherry University, Puducherry - 605 014, India.

Prof. Dr. Buxin Han

Institute of Psychology, Chinese Academy of sciences, 16 Lincui Road, Chaoyang District, Beijing 100101, China.

Prof. Prabhat Kumar Mishra

Professor & Head, Department of Educational Psychology and Foundations of Education, National Council of Educational Research and Training, NCERT New Delhi.

Prof. Dr. Hao Le Van

Deputy Director of Institute of Psychology, Vietnam Academy of Social Sciences, Vietnam.

Prof. Dr. Christina Sue-Chan

Adjunct Professor, Faculty of Management, University of British Colombia, Okanagan Campus, Kelowna, BC Canada.

Sally Spencer Thomas

Psychologist and International Mental Health & Suicide Prevention Impact Entrepreneur, Colorado, USA.

Prof. Dr. Florrie Ng

Department of Educational Psychology, The Chinese University of Hong Konk, China.

Prof. Abha Rupendra Pal

Head, of Department in History, Pt Ravishankar Shukla University, Raipur, Chhattisgarh, India.

Associate Editors

Prof. Shobhna Joshi

Department of Psychology, Banaras Hindu University, Varanasi, Uttar Pradesh, India.

Dr. Debdulal Dutta Roy

Associate Professor, Psychology Research Unit of the Indian Statistical Institute, Kolkata, West Bengal, India.

Prof. Dhananjay Kumar

Department of Psychology, DeenDayalUpadhyaya Gorakhpur University, Gorakhpur, Uttar Pradesh.

Prof. Asoke Kumar Saha

Department of Psychology, Jagannath University Dhaka 1100, Bangladesh.

Prof. Sandeep Kumar

Department of Psychology, Banaras Hindu University, Varanasi, Uttar Pradesh, India.

Dr. Manisha Agarwal

Associate Lecturer JCU Singapore Business School James Cook University Singapore.

Dr. Parvathy Varma

Director of Graduate Programs in Counseling Psychology, Assumption University of Thailand, Bangkok, Thailand.

Dr. Narendra Singh Thagunna

CEO, Psychdesk Foundation Association of Psychologists in Nepal (APN)- Founder Vice president. The School Of Psychology Nepal (TSOP Nepal)- Founder / President Kathmandu, Nepal.

Dr. Mohammad Rahim

Kamaluddin School of Psychology and Human Development Studies, Faculty of Social Science and Humanities, National University of Malaysia, UKM, Bangi, Selangor, Malay.

Ayesha Kashif

Faculty of Psychology, University of Central Punjab, Lahore, Pakistan.

Dr. Indivar Misra

Associate Professor Department of Psychology Dr.Bhim Rao Ambedkar College University of Delhi, New Delhi, India.

Dr. Pavithra Godamunne

Department of Medical Education, Faculty of Medicine, University of Kelaniya, Ragama, Sri Lanka.

Dr. Idhamsyah Eka Putra Persada

Indonesia University, DASPR, CRIC-Oxford University, Indonesia.

Dr. Archana Shukla

Assistant Professor & Coordinator, Department of Psychology, University of Lucknow, Lucknow, Uttar Pradesh, India.

Dr. Tushar Singh

Assistant Professor, Department of Psychology, Banaras Hindu University, Varanasi, Uttar Pradesh, India.

Prof. Meeta Jha

Head, of Department in Psychology Pt. Ravishankar Shukla University Raipur Chhattisgaraha, India.

Assistant Editors

Dr. Anjana Bhattacharjea

Assistant Professor, Department of Psychology, Tripura University, Agartala, India.

Dr. Akhilendra Singh

Assistant Professor, Department of Psychology, DAV PG College, BHU, Varanasi, India.

Dr. Krishna Kumar Mishra

Assistant professor, School of Forensic Psychology, National forensic sciences university Gandhinagar Gujarat, India.

Dr. Sareeta Behera

Post Doctoral Researcher, NISER – Bhubaneswar, Oddisha, India.

Fatanah Ramlee

Senior lecturer, Department of Psychology and Counselling, Universiti Pendidikan Sultan Idris, Malaysia.

Dr. Dimity Crisp

Assistant Professor Centre for Applied Psychology, Faculty of Health, University of Canberra, Australia.

Dr. Reeta Dhungel

Assistant Professor, Faculty of Health & Community Studies, MacEwan University, Edmonton, Canada.

Dinie Ratri Desiningrum

Faculty of Psychology, Diponegoro University, Indonesia.

Dr. Ruchi Tewari

Assistant Professor (AC) Department of Psychology Uttarakhand Open University, Haldwani, Uttrakhand, India.

Dr. Manoj Kumar Pandey

Associate Professor, Dept. of Clinical Psychology, JSS Medical College & Hospital, JSS AHER (Deemed to be University) Mysuru, Karnataka, India .

Dr. Jay Singh

Assistant Professor, Department of Psychology, BPD Govt. PG College, Kanker, Chhattisgarha, India.

Dr. Mithilesh Tiwari

Assistant Professor, Department of Psychology, S. M. College, T. M. Bhagalpur University, Bhagalpur, India.

Dr. Shweta Pathak

Assistant Professor, Department of Psychology, S. M. College, T. M. Bhagalpur University, Bhagalpur, India.

Dr.Khem Raj Bhatta

Assistant Professor, Central Department of Psychology, Tribhuvan University, Kathmandu, Nepal.

Vandana Singh

Research Scholar & ICSSR Fellow, Department of Psychology, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, Uttar Pradesh, India.

Dr. Nisha Kumari

Assistant Professor, Department of Psychology, St Joseph's College For Women, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, Uttar Pradesh, India.

Tanzir Ahmad Tushar

Clinical Psychologist & Assistant Professor, Rajshahi University, Rajshahi, Bangladesh.

Dr. Seema Gupta

Associate Professor, Department of Psychology Gokul Das Mahila PG College Moradabad, India.

Dr. R.M.G. Karunarathne

Senior Lecturer, Department of Philosophy, University of Kelaniya, Kelaniya, Sri Lanka.

Reviewers of Current Issue

Prof. Jyoti Verma,

Former University Professor, Department of Psychology, Patna University, Patna, Bihar, India.

Prof. Akbar Husain,

Former Chairman, Department of Psychology, Aligarh Muslim University, Aligarh, Utter Pradesh, India.

Prof. Shobhana Joshi

Department of Psychology, Banaras Hindu University, Varanasi, Utter Pradesh, India.

Dr. Reeta Dhungel

Assistant Professor, Faculty of Health & Community Studies, MacEwan University, Edmonton, Canada.

Dr. Shweta Pathak

Assistant Professor, Department of Psychology, Tilka Manjhi University, Bhagalpur, Bihar, India.

Dr. Ruchi Tewari

Assistant Professor (AC), Department of Psychology, Uttarakhand Open University, Haldwani, Uttrakhand, India.

Dr. Priyanka Pathak

Assistant Professor Department of Psychology"Kunwar Singh University Arrah Bihar, India.

Dr. Manoj Kumar Pandey

Associate Professor, Dept. of Clinical Psychology, JSS Medical College & Hospital, JSS AHER (Deemed to be University) Mysuru, Karnataka, India.

Dr. Mithilesh Tiwari

Assistant Professor, Department of Psychology, S. M. College, T. M. Bhagalpur University, Bhagalpur, Bihar, India.

Dr. Vinod Kumar Gupta

Assistant Professor, Department of Psychology, DA V PG College, Gorakhpur, Utter Pradesh, India.

Vandana Singh

Research Scholar & ICSSR Fellow, Department of Psychology, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, Utter Pradesh, India.

Dr. Nisha Kumari

Assistant Professor, Department of Psychology, St. Joseph's College for Women, Gorakhpur, Utter Pradesh, India.

Dr. Shilpa Kumari

Assistant Professor, Department of Psychology, Mahila Mahavidyala, Banaras Hindu University, Varanasi, Utter Pradesh, India.

09

Content

Editorial 1. Mind and society: Miles to Go Aradhana Shukla

Basant Kumar Sonber

Anubhuti Dubey

Invited Papers

of online classes.

2. Personal Characteristics of Bihari Migrants: Jyoti Verma 10-22 Some Impressions

3. Spiritual experiences of Islamic seekers Akbar Husain 23-28 Empirical Research Papers

4. Operationalization of green behavior at work Shreyasi Roy 29-37 place: Analyzing three major constructs Surendra Kumar Sia

V. M. Nishma

Jyotshna Dangi

5. Acknowledging Empty Nest Syndrome: Mandeep Randhawa 38-42 Eastern and Western Perspective Jaismeen Kaur

6. Confluence of *Triguna* and PERMA Model: Shivangi Pandey 43-49 An Empirical Validation Anubhuti Dubey

7. Prevalence of Anxiety, Depression, and Stress Narendra Singh Thagunna 50-58 among Nepalese Youth Population during Ritu Basnet COVID-19: A Cross-Sectional Study

8. Locus of Control and Spirituality in Lalhmingmawii 59-66 Opioid Dependence H.K. Laldinpuii Fente

9. Spirituality, Anxiety and Antenatal Outcomes Shilpa Kumari 67-80 Shobhna Joshi

10. Assessing female students' awareness Lynette da Silva Fortes 81-88 of transformational teaching in the context

| 11. Sexual Harassment Experiences of Undergraduate Students of Kathmandu: A Qualitative Study | Khem Raj Bhatta Julia Viviane Lippold Rupesh Koirala Rita Gurung, Nita Pana Binita Karki, Archana | • |
|------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|---------|
| 12. Effect of Gender, Family Type, Caste -Category and Socio-Economic Status on Psychological Well-Being of Rural Population | Rahul Tomer Bhagat Singh | 98-104 |
| 13.Internalised stigma and self-esteem in patients with remitted schizophrenia and their spouses | A. Jobin Prabha Mishra Manoj K. Pandey | 105-110 |
| 14. Parent-child Relationship and Leadership Style among Undergraduate Students | Bindu Kumari Shilpa Kamboj | 111-116 |
| 15. Cognitive Development in Children with Autism Spectrum Disorder: A Piaget's Cognitive Developmental Approach Theoretical Payion Papers | Rachana Maurya Mohd. Faziullah Khan | 117-124 |
| Theoretical Review Papers 16. Human Resource Practices in New Normal and the COVID-19: Implications, Challenges, Opportunities on IT Industry | Sarita Maxwell Garima Singh | 125-133 |
| 17. Multidisciplinary Research in the Social Sciences: Breaking new grounds | V. Janaki | 134-138 |
| 18. Consciousness, Cognition, Neuroses and the Practice of Rajyoga | Azeem Dana | 139-146 |